

**Character Outcomes
At Grade Level 6 - 8
For Adventure Benchmarks**

Compassion	Courage	Discipline	Integrity	Perseverance
<ul style="list-style-type: none"> • I think about other people’s feelings before I open my mouth. • I care for others and myself. • I listen and support others who are troubled. • I think about someone else’s feelings before I open my mouth (18th century quote “Speaking before thinking is like shooting without aiming). • I do service to alleviate the misfortunes of others. • I give myself a break when I am feeling overwhelmed or in an uncomfortable situation. • I honor my own negative feelings without acting upon them. • I respect and encourage differing viewpoints. 	<ul style="list-style-type: none"> • I step outside of my comfort zone to try something new or stand up for someone, including myself. • I speak out when I see social injustice. • I step up and help when another person is under “attack.” • I share my ideas aloud. • When taking a risk, I am first smart and careful. • I encourage others to work instead of being off topic. • I stand up for myself and others; I am an advocate for myself and others. • It is sometimes hard to do the right thing but I do it in the face of fear anyway. 	<ul style="list-style-type: none"> • I create positive habits for myself and know when and how to complete tasks. • I establish behavior and work habits which enable me to progress towards my goal. • I practice self-control in my work habits and in my behavior. • I prioritize my responsibilities. I put work before play when facing deadlines. • I manage and structure my time to meet deadlines. • I encourage others to stay on task. • I move away from others who struggle to remain on task. • I share airtime with my classmates. 	<ul style="list-style-type: none"> • I exhibit integrity consistently enough that others view me as trustworthy. • I do the right thing even when no one is watching. • I am one who is trusted by others. • I am the one who adults and kids can count on to speak out. • I practice all the character traits, all the time, in an attempt to be the best I can be at any given moment. • I speak out when I see injustice. • I know that secrets are personal and need to remain within the bearer’s heart. • I do not participate in gossip or sneakiness. 	<ul style="list-style-type: none"> • I keep going despite obstacles. • I encourage others to keep going despite obstacles. • I try repeatedly to succeed. • I practice and I learn from my mistakes. • I look into my mistakes to find understanding as to how to change patterns and improve. • I keep on keepin’ on.

**Character Outcomes
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Respect	Responsibility	Spirit of Adventure	Stewardship	Crew
<ul style="list-style-type: none"> • I behave politely towards others and myself. • I listen to adults with my eyes, ears and body. • I respond politely. • I keep my hands out of others' belongings. • I keep my hands and feet to myself. • I speak my opinion without demeaning, complaining or attacking others. • I treat others, as I want to be treated at all times. • I can work with everyone with no moaning or groaning. • I share airtime with my classmates. • I encourage all to participate in collaborative activities. 	<ul style="list-style-type: none"> • I understand that it is no longer my parent's or my teacher's job to "make me" learn or "make me" behave. I am in charge of doing the work and of learning independently. • I am responsible for doing what I am asked to do – without being asked. • I arrive on time, ready and prepared with all tools and equipment. • I take care of assigned duties. • I do what I am asked to do. • I don't blame others. 	<ul style="list-style-type: none"> • Can do! Let's try! Why not!? • I am a willing risk taker. • I am a willing participant. • I am enthusiastic. • I am optimistic 	<ul style="list-style-type: none"> • I am careful not to waste resources. • I actively practice reducing my carbon footprint. • I practice recycling at home and at school. • In conversations with friends and adults, I encourage others to do specific deeds, which can care for our planet. • I have a service project that fosters care for the planet. 	<ul style="list-style-type: none"> • I sometimes lead and I sometimes sit back and listen. • I accept all ideas and work with my teammates to make one solution work. • I listen to constructive criticism and feedback with the intent to improve. • I work well with others.